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**Vermont's 11 Recovery Centers are in St. Johnsbury, Barre, White River, Springfield, Brattleboro, Bennington, Rutland, Middlebury, Burlington, Saint Albans and Morrisville.** Vermont is a pioneer in the national recovery movement. We've created a statewide recovery system with standards, accountability, and evidence based recovery support services. Vermont's recovery centers have grown to become a front door to Vermont's treatment system, as well as a destination after treatment. In some cases, centers offer support until treatment is available; in others, our recovery supports provide a direct path to a life in recovery.

Recovery centers provide welcoming, safe places for people seeking recovery. We provide support for families and friends who are trying to help loved ones. Our trained recovery workers provide facilitated groups and recovery coaching. Centers are safe havens where people who are committed to recovery volunteer to support others. Last year, volunteers donated more than 44,284 hours of service, providing **\$980,453 in volunteer support** (2012 National Independent Sector rates). In comparison, centers received **\$714,900 in state funding** and struggle to raise local funds.

**Each Recovery center collects data on the effectiveness of recovery support services.** We are proud of this outcome data and the positive results we achieve. 1,152 Participant Surveys were collected from across our Network. We have the nation's largest nonprofit recovery database.

### **State FY 2013 Recovery Center visits = 168,369**

- 77 = average volunteer hours provided per week per center (falling due to limited support for volunteers)
- 17 = average number of active volunteers per center (falling due to limited staff support)
- 62 = average number of hours open per week per center (impact of limited staffing resources)

### **Mental Health services involvement:**

75% of visitors report current or past participation in outpatient/inpatient mental health services

### **Criminal Justice system involvement:**

- 26% report being "on probation or parole"
- 24% report being "released from probation or parole"
- 54%** report incidents/criminal involvement *before involvement at recovery centers*
- ONLY 8%** report new incidents/criminal involvement *after involvement at recovery centers.*

### **Treatment System utilization:**

- 72% reported past treatment for substance abuse
- 29% of visitors had been in treatment during the last 30 days
- 27%** of visitors report **never attending treatment**

Visitors come on average 12.45 times per month (FY '13 participant survey visitor profiles, N=1,152) Recovery centers protect visitor anonymity, and don't even ask visitors' last names. Centers average 1,236 monthly visits. Network centers have many occasional visitors; an *average* of more than 100 regulars who come for 2 or 3 visits a week; and a small revolving population of high utilization visitors coming daily, until their lives stabilize.

**Our visitors get their lives in order, find jobs, find housing, repair the damage caused by addictive behaviors, and function in recovery as productive members of their communities, often for the first time in their lives.**